

OBC LCM 2026: Session: 1: COACH Evaluation sheet for TEAM: 00-000

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN

Heat:6, starttime: 09:08

Heat: 6/7 Lane : 5 Athlete: MARSMAN KOEN

Q-time: 00:55:86

PB (50m pool): 55.54 Amersfoort 15 jun 2024

PB (25m pool): 55.17 SB:

	50 M	100 M	
PB	26.03	55.54	
	26.03	29.51	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN

Heat:6, starttime: 09:20

Heat: 6/8 Lane : 3 Athlete: ENGELSE JINTH

Q-time: 01:02:95

PB (50m pool): 1:02.95 Rotterdam 19 apr 2026

PB (25m pool): 59.63 SB:

	50 M	100 M	
PB	28.56	1:02.95	
	28.56	34.39	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN

Heat:7, starttime: 09:22

Heat: 7/8 Lane : 4 Athlete: ROZEBOOM EVY

Q-time: 00:59:46

PB (50m pool): 59.46 Sopron (HUN) 19 apr 2026

PB (25m pool): 59.31 SB:

	50 M	100 M	
PB	28.06	59.46	
	28.06	31.40	
			

Coach feedback:

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Event number: 3: 200M BACKSTROKE MEN					Heat:3, starttime: 09:33
Heat: 3/5 Lane : 5 Athlete: PHILLIPSON GIOVANNI					Q-time: 02:06:24
PB (50m pool): 2:06.24 Antwerp (BEL) 29 mrt 2025					PB (25m pool): 1:57.52 SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	29.70	1:02.60	1:34.72	2:06.24	
	29.70	32.90	32.12	31.52	
					

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN							Heat:2, starttime: 09:49	
Heat: 2/3 Lane : 4 Athlete: BRINK DJANILLA							Q-time: 04:56:99	
PB (50m pool): 4:54.28 Drachten 4 mrt 2023				PB (25m pool): 4:49.32 SB:				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	31.67	1:08.45	1:48.28	2:27.69	3:07.31	3:47.98	4:21.89	4:54.28
	31.67	36.78	39.83	39.41	39.62	40.67	33.91	32.39
								

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN					Heat:7, starttime: 10:12
Heat: 7/9 Lane : 5 Athlete: VAN DER HOFF COLLIN					Q-time: 01:02:59
PB (50m pool): 1:02.59 Bergen (NOR) 4 apr 2025					PB (25m pool): 1:00.61 SB:
	5 0 M	1 0 0 M			
PB	29.31	1:02.59			
	29.31	33.28			
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN					Heat:9, starttime: 10:16
Heat: 9/9 Lane : 3 Athlete: BOXUM STORM					Q-time: 01:03:07
PB (50m pool): 1:03.07 Den Haag 13 apr 2025					PB (25m pool): 1:01.77 SB:
	5 0 M	1 0 0 M			
PB	29.59	1:03.07			
	29.59	33.48			
					

Coach feedback:

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Event number: 7: 400M FREESTYLE MEN							Heat:2, starttime: 10:32	
Heat: 2/3 Lane : 4 Athlete: GOMES TIAGO FONSECA							Q-time: 03:54:24	
PB (50m pool): 3:52.52 Rotterdam 1 dec 2024				PB (25m pool): 3:42.57 SB:				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	27.14	56.91	1:26.52	1:56.02	2:25.33	2:55.00	3:24.11	3:52.52
	27.14	29.77	29.61	29.50	29.31	29.67	29.11	28.41
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN					Heat:3, starttime: 10:47
Heat: 3/5 Lane : 4 Athlete: ROLMAN ANGELINA				Q-time: 02:00:18	
PB (50m pool): 2:00.18 Amersfoort 15 jun 2025			PB (25m pool): 1:57.52 SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	28.75	58.86	1:29.56	2:00.18	
	28.75	30.11	30.70	30.62	
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN										Heat:10, starttime: 11:05	
Heat: 10/12 Lane : 1 Athlete: MARSMAN KOEN										Q-time: 00:23:79	
PB (50m pool): 23.79 Antwerp (BEL) 29 mrt 2025										PB (25m pool): 23.07 SB:	
PB	5 0 M										
	23.79										
	23.79										
											

Coach feedback:

Event number: 9: 50M FREESTYLE MEN										Heat:11, starttime: 11:06	
Heat: 11/12 Lane : 2 Athlete: DE ZEEUW SIEM										Q-time: 00:23:34	
PB (50m pool): 23.34 Rotterdam 18 apr 2026										PB (25m pool): 22.66 SB:	
PB	5 0 M										
	23.34										
	23.34										
											

Coach feedback:

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Event number: 9: 50M FREESTYLE MEN			Heat:12, starttime: 11:07
Heat: 12/12 Lane : 3 Athlete: PHILLIPSON GIOVANNI			Q-time: 00:22:95
PB (50m pool): 22.95 Rotterdam 18 apr 2026			PB (25m pool): 22.13 SB:
	5 0 M		
PB	22.95		
	22.95		
			

Coach feedback:

Event number: 9: 50M FREESTYLE MEN			Heat:12, starttime: 11:07
Heat: 12/12 Lane : 4 Athlete: SIMONS KENZO			Q-time: 00:22:07
PB (50m pool): 21.73 Doha (QAT) 16 feb 2024			PB (25m pool): 20.98 SB:
	5 0 M		
PB	21.73		
	21.73		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN			Heat:7, starttime: 11:19
Heat: 7/8 Lane : 4 Athlete: ENGELSE JINTH			Q-time: 00:28:75
PB (50m pool): 28.68 Rotterdam 29 nov 2024			PB (25m pool): 27.97 SB:
	5 0 M		
PB	28.68		
	28.68		
			

Coach feedback: